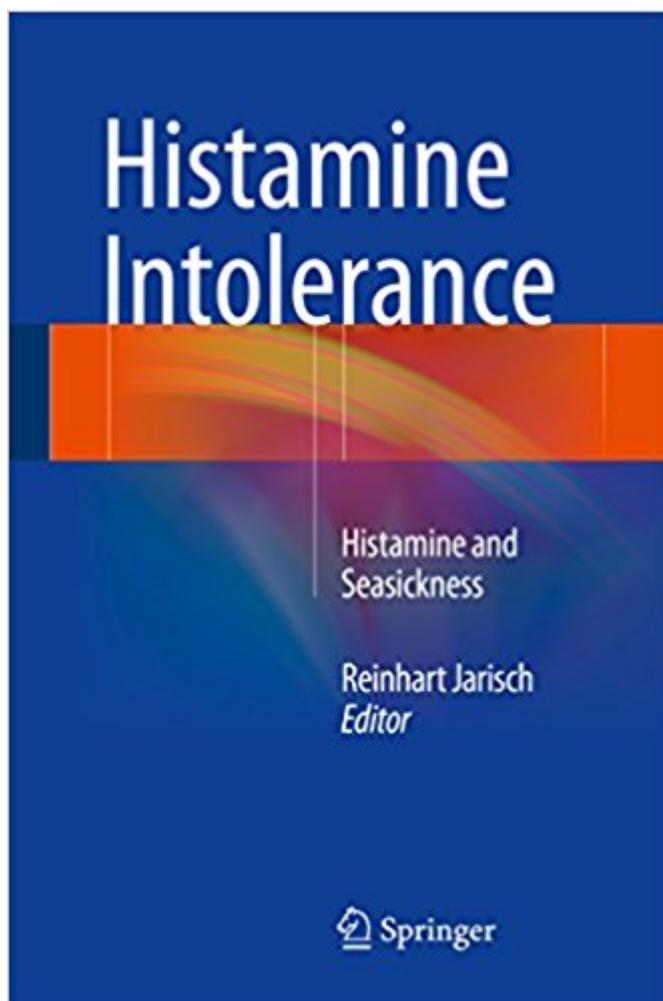


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# Histamine Intolerance: Histamine And Seasickness



## **Synopsis**

Histamine is an important mediator of allergic diseases, but knowledge of histamine as a cause of numerous non-allergic symptoms and signs is limited. This book offers wide-ranging coverage of histamine intolerance. There is extensive background discussion of the origin of histamine, its content in food and alcoholic beverages and intolerance to red wine. Diagnosis of histamine intolerance is explained and the various symptoms of histamine intolerance are clearly described. Subsequent chapters cover the relation of histamine to a wide variety of conditions, including drug intolerance, atopic dermatitis, seasickness and osteoporosis. This book will prove of value in clinical practice by facilitating differential diagnosis, which is by no means straightforward given the multiplicity of symptoms of histamine intolerance and by assisting in the selection of therapeutic measures.

## **Book Information**

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## **Customer Reviews**

Histamine Intolerance written by Reinhart Jarisch is another life-changing book. Thanks . I've been on a life-long journey of trying to find answers to my "weird" medical symptoms and have finally found an explanation in this book! After I read the book, I immediately turned it over to my physician

because she also shares the same medical symptoms as I do. Now I know WHY I have reactions to certain foods containing high histamines. Now if the United States will jump on the band wagon, maybe those suffering from multiple illnesses will get answers too. Thank you!

An excellent book for both health practitioners and patients alike. The author did not practice the too common regurgitation process, the information is original.

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